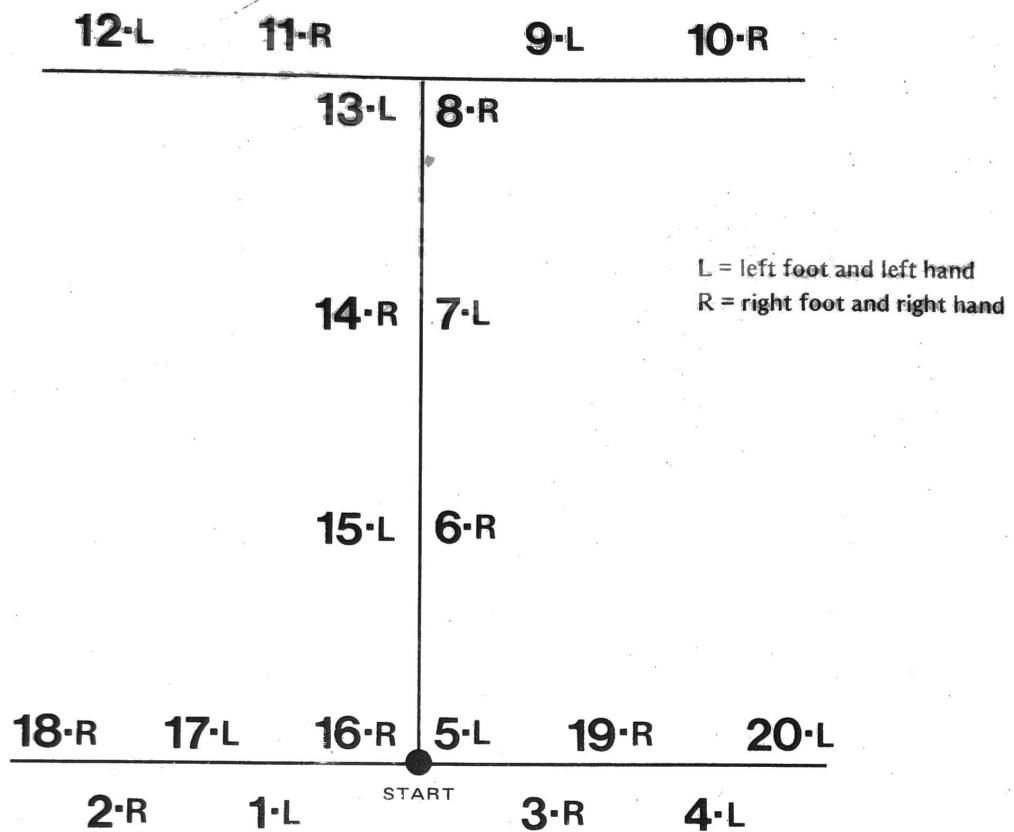


Tae-Guk I

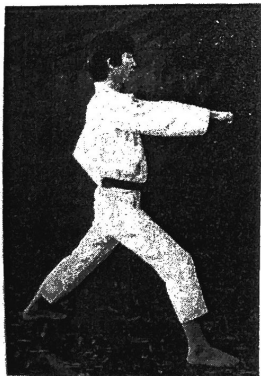


1



- | | | | | | |
|---------------------------------|-------|--------------|------------------------|--------------|--------------|
| | 1 | [left hand] | down block | [left foot] | front stance |
| | 2 | [right hand] | middle punch | [right foot] | front stance |
| turn to the right | 3) | [right hand] | down block | [right foot] | front stance |
| | 4) | [left hand] | middle punch | [left foot] | front stance |
| turn to the left | 5) | [left hand] | down block | [left foot] | front stance |
| | 6) | [right hand] | middle punch | [right foot] | front stance |
| | 7) | [left hand] | middle punch | [left foot] | front stance |
| turn 270° to the left | * 8) | [right hand] | middle punch | [right foot] | front stance |
| | 9) | [left hand] | down block | [left foot] | front stance |
| | 10) | [right hand] | middle punch | [right foot] | front stance |
| turn to the right | 11) | [right hand] | down block | [right foot] | front stance |
| | 12) | [left hand] | middle punch | [left foot] | front stance |
| turn to the left | 13) | [left hand] | down block | [left foot] | front stance |
| | 14) | [right hand] | middle punch | [right foot] | front stance |
| | 15) | [left hand] | middle punch | [left foot] | front stance |
| turn 270° to the left | * 16) | [right hand] | middle punch | [right foot] | front stance |
| | 17) | [left hand] | down block | [left foot] | front stance |
| | 18) | [right hand] | middle punch | [right foot] | front stance |
| turn to the right | 19) | [right hand] | down block | [right foot] | front stance |
| | 20) | [left hand] | middle punch | [left foot] | front stance |

2



* yell