

## **COVID-19 POLICY**

**COVID-19** is a severe health concern, and we're taking every precaution possible. Please carefully follow these policies to make our community safe for everyone.

- If you are considered vulnerable to COVID-19, have flu-like symptoms or know anyone with COVID-19, train from home via our Zoom classes or YouTube tutorials.
- Students are required to register for class prior to attending in-person classes.
- Caregivers are expected to drop off students. If students arrive early, they
  are encouraged to wait in their car or in the courtyard. No one will be
  permitted to wait in the seating area.
- Students training through in-person classes will be screened for COVID19 at entry door by checking their temperature and being asked screening questions.
- Students training through in-person classes will be required to wash hands thoroughly with soap and water for at least 20 seconds before and after every class.
- Students training through in-person classes will be required to wear a mask before entering and while training.
- Students training through in-person classes will be required to wear socks or Taekwondo shoes.
- Students are encouraged to avoid touching their eyes, nose and mouth.
- The dojang will be disinfected in between each class and deep cleaned 3 times weekly using hospital grade disinfectant.
- In-person classes are now limited to 8 students to maximize social distancing.
- A new temporary schedule was created to social distancing between classes.
- Instructors will be required to wear masks during in-person classes.
- Online Zoom and YouTube tutorials will continued to be offered for your convenience and safety.

Follow these policy guidelines until local health authorities state it is safe to remove these safety precautions. If you have any questions, don't hesitate to ask. Thank you for your cooperation, Master Torres