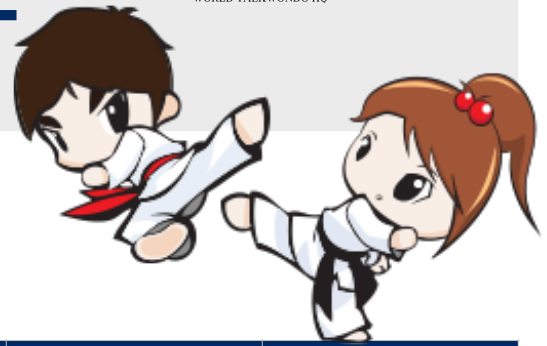




# 2024 SCHEDULE



Courtesy | Perseverance | Indomitable Spirit | Self Control | Integrity

- Bring clean uniform, belt & water to every class.
- Arrive 5 minutes to class to check in on tablet/coach and be ready to start class.
- Standard membership includes unlimited classes per week, Monday-Saturday.
- Competition Team classes: For students wanting to compete in sparring and/or poomsae.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30pm-6:15pm <b>Fit Kids 3-7</b>	5:30pm-6:30pm <b>Sparring Class</b>	5:30pm-6:15pm <b>Fit Kids 3-7</b>	4:30pm-5:30pm <b>Poomsae Class</b>	5:30pm-6:15pm <b>Beginners Kids</b>	9:00am-10:00am <b>All Ages/Ranks</b>
4:30pm-5:15pm <b>Beginners Kids</b>	5:30pm-6:15pm <b>Beginners Kids</b>	4:30pm-5:15pm <b>Beginners Kids</b>	5:30pm-6:15pm <b>Beginners Kids</b>	6:15pm-7:15pm <b>Sparring Class</b>	9:00am-10:00am <b>Black Belt Class</b>
5:15pm-6:15pm <b>Inter/Adv Kids</b>	6:15pm-7:15pm <b>Teens/Adults</b>	5:15pm-6:15pm <b>Inter/Adv Kids</b>	6:15pm-7:15pm <b>Teens/Adults</b>		10:00am-12:00pm <b>Team Sparring</b>
6:15pm-7:15pm <b>Teens/Adults</b>		6:15pm-7:15pm <b>Teens/Adults</b>			10:00am-12:00pm <b>Team Poomsae</b>
7:15pm-7:45pm <b>Black Belt Class</b>		7:15pm-7:45pm <b>Black Belt Class</b>			

Let us know if you are interested in:  
**AfterSchool Programming** (Fitness, Homework Help, Activities)

Saturday & Sundays  
**Birthday Parties!**

**BEGINNERS KIDS:** WHITE-ORANGE BELT    **INTER/ADV:** GREEN-BLACK    **BLACK BELT:** DEPUTY-BLACK  
**FITKIDS:** AGES 3-7    **ALL AGES TKD:** AGES 7+    **KIDS TKD:** AGES 7-12    **TEENS/ADULTS:** AGES 13+

## Annual Camps & Events

TKD Camping Trip	April 19-21, 2024
TKD Pool Party	August 3, 2024 @ 2-6
Team Camping Trip	September 6-8, 2024
Team Awards Dinner	December 7, 2024 @ 5-8

## 2024 Holiday Closures

New Years Day	Mon, Jan 1
MLK Day	Mon, Jan 15
Memorial Day	Mon, May 27
Juneteenth	Wed, Jun 19
Independence Day	Thur, Jul 4
Labor Day	Mon, Sept 2
Veterans Day	Mon, Nov 11
Thanksgiving Day	Thur & Fri, Nov 28-29
Christmas Eve/Day	Tue/Wed, Dec 24/25

## 2024 Tournament Dates

AAU State Qualifiers, Feb 10, 2024  
 AAU Region 10 Championships, TBD, TBD  
 AAU Nationals, Ft. Lauderdale, FL June 30-July 6

### Optional Tournaments:

USAT AZ State Championships, Chandler, AZ, TBD  
 USAT Regional Qualifier, Albuquerque, NM, May 10-12  
 \*USAT Nationals, Fort Worth, TX, July 4-7  
 World of Taekwondo (WOT), Chandler, AZ, TBD  
 Grand Phoenix Open, Phoenix, AZ, TBD, TBD  
 \*USAT Grand Slam, TBD, TBD  
 USAT Online Poomsae Championships, TKD Wellness, TBD

**\*Must Qualify**

## 2024 Promotion Ceremony Dates

\*Saturday, Apr 6 @ 9am-1pm  
 \*Saturday, Jul 13 @ 9am-1pm  
 \*Saturday, Oct 5 @ 9am-1pm  
 \*Saturday, Dec 14 @ 9am-5pm

**\*Must Qualify**

