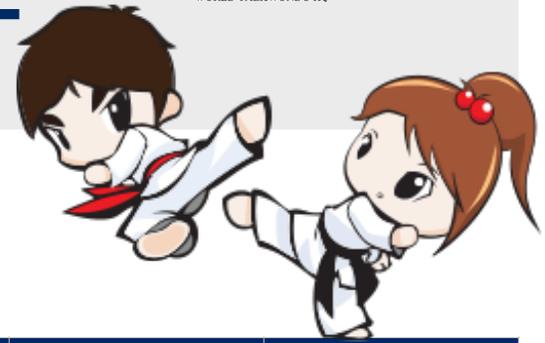




2025 SCHEDULE



Courtesy | Perseverance | Indomitable Spirit | Self Control | Integrity

- Bring clean uniform, belt & water to every class.
- Arrive 5 minutes to class to check in on tablet/coach and be ready to start class.
- Standard membership includes unlimited classes per week, Monday-Saturday.
- Competition Team classes: For students wanting to compete in sparring and/or poomsae.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30pm-5:30pm All Ages/Ranks	5:30pm-6:30pm Sparring Class	4:30pm-5:30pm All Ages/Ranks	4:30pm-5:30pm Poomsae Class	5:30pm-6:30pm All Ages/Ranks	9:00am-10:00am All Ages/Ranks
5:30pm-6:30pm Poomsae Class	5:30pm-6:30pm All Ages/Ranks	5:30pm-6:30pm Poomsae Class	5:30pm-6:30pm Sparring Class	6:30pm-7:30pm Sparring Class	9:00am-10:00am Black Belt Class
6:30pm-7:30pm Teens/Adults	6:30pm-7:30pm Teens/Adults	6:30pm-7:30pm Teens/Adults	5:30pm-6:30pm All Ages/Ranks		10:00am-12:00pm Team Sparring
7:30pm-8:00pm Black Belt Class		7:30pm-8:00pm Black Belt Class	6:30pm-7:30pm Teens/Adults		1:00pm-3:00pm Team Poomsae
					5:30pm-8:30pm Parents NightOut (1st Saturday of Month)

Let us know if you are interested in:
AfterSchool Programming (Fitness, Homework Help, Activities)

Saturday & Sundays
Birthday Parties!

ALL AGES TKD: AGES 5+

TEENS/ADULTS: AGES 13+

BLACK BELT: DEPUTY-BLACK

Annual Camps & Events

TKD Camping Trip	April 11-13, 2025
Sword Seminar	July 26, 2025 @ 2-4
TKD Pool Party	August 9, 2025 @ 2-6

2025 Holiday Closures

New Years Eve/Day	Tue/Wed, Dec 31 & Jan 1
MLK Day	Mon, Jan 20
Memorial Day	Mon, May 26
Juneteenth	Thur, Jun 19
Independence Day	Fri, Jul 4
Labor Day	Mon, Sept 1
Veterans Day	Tue, Nov 11
Thanksgiving Day	Thur & Fri, Nov 27-28
Christmas Eve/Day	Wed/Thur, Dec 24/25

2025 Tournament Dates

AAU State Qualifiers, Feb, 22
AAU Region 10 Championships, TBD, TBD
AAU Nationals, Ft. Lauderdale, FL TBD, TBD

Optional Tournaments:

USAT AZ State Championships, Chandler, AZ, TBD
USAT Regional Qualifier, Albuquerque, NM, TBD, TBD
*USAT Nationals, Fort Worth, TX, TBD, TBD
World of Taekwondo (WOT), Chandler, AZ, 3/29/25
Grand Phoenix Open, Phoenix, AZ, TBD, TBD
*USAT Grand Slam, TBD, TBD
USAT Online Poomsae Championships, TKD Wellness, TBD

***Must Qualify**

2025 Promotion Ceremony Dates

*Saturday, Apr 5 @ 9am-1pm
*Saturday, Jul 12 @ 9am-1pm
*Saturday, Oct 11 @ 9am-1pm
*Saturday, Dec 13 @ 9am-5pm

***Must Qualify**

